

Increasing Access to Water for elderly people and people with disabilities



Pilot Version – October 2017

Supported by:



This flip chart was developed by WaterAid Timor-Leste with support from CBM Australia, with funding from Australian Aid.

It has been designed to help community facilitators talk with communities about what they can do to make sure everyone in the community can access the community water point.

Instructions for facilitators

When to use this flip book

- This flip book should be used as part of the CAP 1 community meeting to help community members make decisions about the location and design of their water system.
- It can also be used with GMFs to consider how to improve existing water points.

How to use the flip book

- Bring the community together in a group, making sure that women, elderly people and anyone with a disability can see and participate.
- Show each picture in the flip book and read through the discussion points.
- Ask any questions included in the discussion points to the group and encourage women and men to respond to the questions. Suggested answers to the questions are included for the facilitator in *italics*.
- Suggested time of activity: 20-30 minutes.

Changing needs across the Lifespan



Discussion Points

- This is a picture of two people as they change across their lifespan. What types of things do you see in this picture that might affect our ability to collect water?
 - *Having an injury, being pregnant, becoming elderly and having difficulty walking or seeing, being a young child.*
- As you can see, our abilities and our needs change as we go through life
- It is important to plan water points to meet everyone's needs – now and in the future
- To do this we need to consider what different people in the community need to be able to access water safely and easily.
- This flip book will help us think about the different needs of people in the community and design a water point that can be used by everyone.

Community consultation



Discussion Points – Community Consultation

- While we will talk today about some ideas of how to make a tap stand more accessible, it is important not to try and **guess** what other people may need.
- This is because everyone's needs are different.
- Who in your community do you think needs to be involved in the decision making about the design of the water system?
 - Is there anyone that is not at this meeting that needs to be consulted? How will they be included?
 - *Note to facilitator: encourage the community to think about men, women, elderly, people with difficulty walking or difficulty seeing.*

Distance to Water





Discussion Points – distance to water

- What do you think is happening in these pictures?
- In the first picture the elderly man is unable to reach the tap stand because the tap stand is away from home and the path is unclear
- In the second picture the man can easily access the tap stand because the tap stand is close to home and has a clear path
- If people cannot access the tap stand they may need to go without water if other family members are busy and unable to collect it.
- Thinking about your community, are there particular households in the community that the tap stands should be closer to?
- *Note to facilitator: Note that there may be many families that are identified as needing easy access to water. We are looking for the community to identify people/households that may have the most difficulty. It is also important to think about other households as well so it is best if the tap stand is in a central location.*

Location and pathways



Discussion Points – pathways

- What do you think is happening in these pictures?
- In the first picture a pregnant woman faces difficulty accessing the tap stand as there is no pathway and it is steep and rocky. There is a danger the woman might trip and fall.
- In the second picture the woman feels comfortable to access to tap stand as there is clear pathway with handrail and even, make her feel safe and easily access to water.
- It is important to choose a location that is not up or down a steep hill if possible. If this is not possible, make sure there are wide, even steps with a handrail and a ramp to help people get to the tap stand.
 - This helps to prevent people tripping over, particularly if the path is wet.
 - It is also very important for people who have difficulty walking, use a wheelchair or have difficulty seeing.
- Once the pathway is built, it also needs to be maintained so that it stays clear and easy to use.

Safety



Discussion Points – Safety

- How do you think the woman is feeling in the first picture?
- *She looks scared*
- If the tap stand is located very far from houses and in a secluded area, women or children may be vulnerable to abuse if travelling alone, particularly at night time.
- In the second picture, the tap stand is in a central location close to houses. There are lots of people around and it is easy to get water.

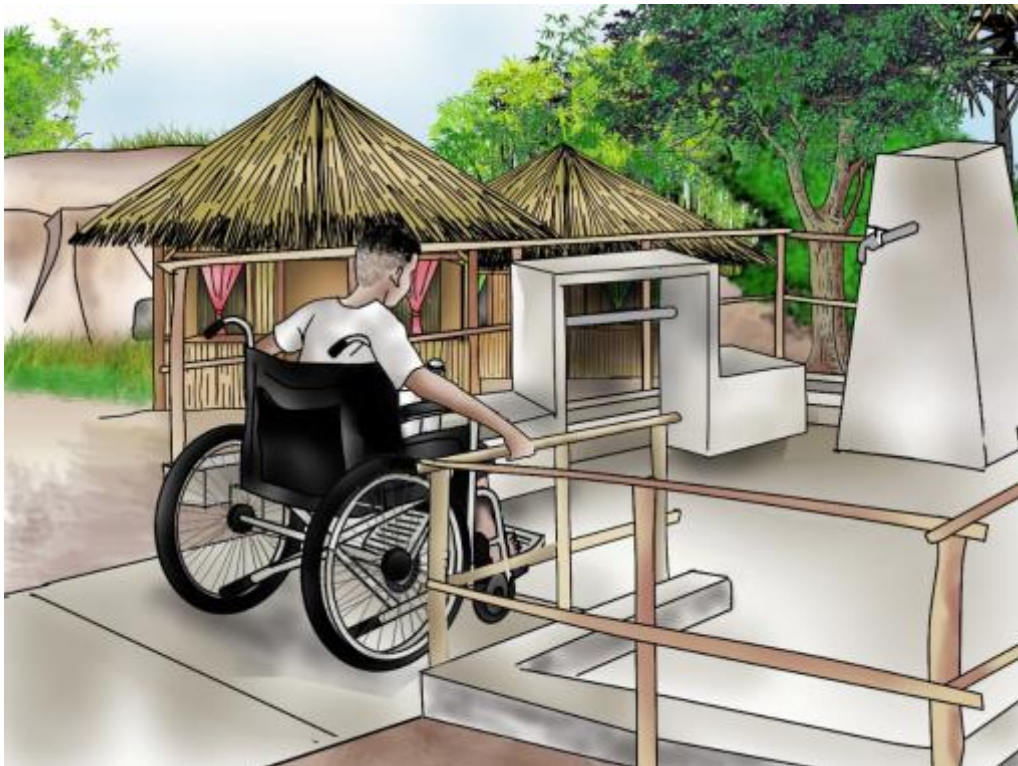
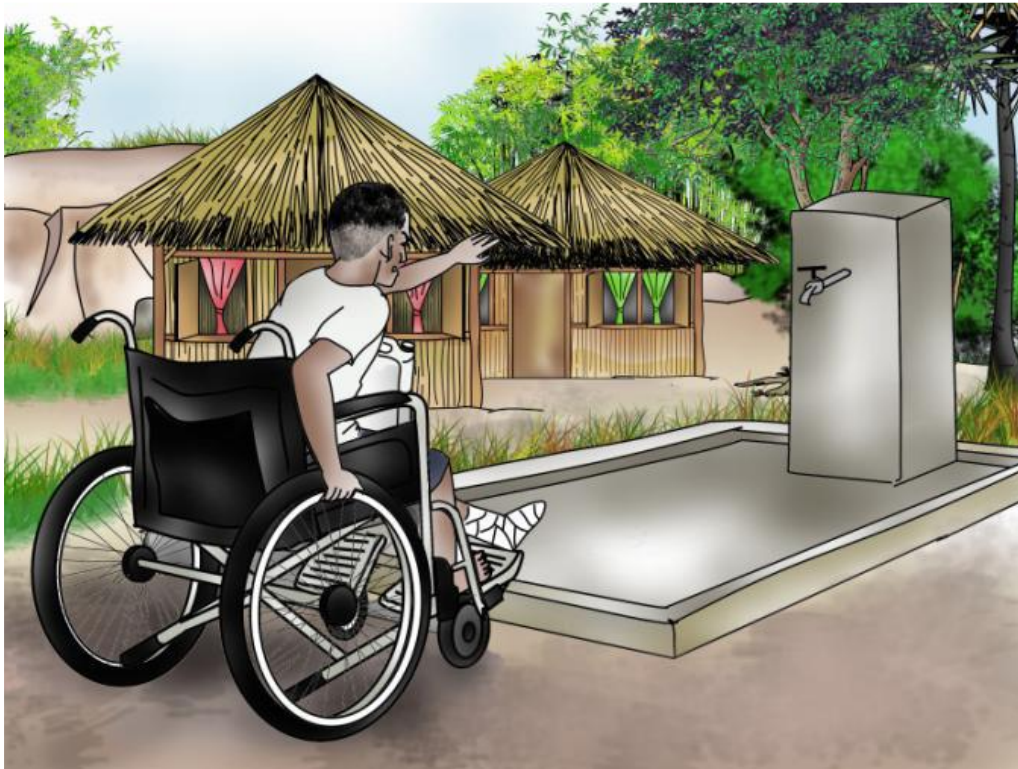
- Having a wide, clear path can also help reduce the risk of tripping and falling which will help ensure all people in the community feel comfortable when accessing water.

Group discussion about location

- So when thinking about the location of the tap stand, it is important to choose:
- Bainhira hanoin kona ba fatin
 - o A central location, close to people who may find it difficult to carry water
 - o A flat area, not up or down a steep hill
 - o An area that is close to people's houses so that it is easy to access and safe for everyone.
 - o

- Where in your community do you think is best for the tap stand to go?

Design of the tap stand



Discussion Points – Design of the tap stand

- As well as thinking about the location of the tap stand it is also important to think about the design of the tap stand. What is happening in the first picture?
- The first picture shows a tap stand which is difficult to use for people in wheelchairs as they cannot go up the step. This step could also be difficult for older people, or people who have difficulty seeing as they may trip and fall over.
- In the second picture, the tap stand is designed to make it easier for people to collect water. What are some of the features of the tap stand in this picture that you think make it easier to use?
- Iha pintura segundu, torneira ne dezeñu tiha, atu halo fasil ba ema hodi kuru bee, Fasilidade balun saida maka iha figura Torneira nian, maka ita hanoin katak fasil atu utiliza.
 - o *Having a wide, long ramp rather than steps (a short, steep ramp can be dangerous)*
 - o *Having a clear pathway from houses to the tap stand*
 - o *Ensuring there is adequate drainage so that the ground is not slippery*
 - o *Having enough space for people to move around the tap stand*
 - o *Ensuring the tap is easy to use and at a height that can be used by children or people in wheelchairs.*

Conclusion

Konkluziun

So the main things to remember when thinking about the location and design of the tap stand are:

- Choosing a central location, close to people who may find it difficult to carry water
- Choosing a flat area, not up or down a steep hill
- Choosing an area that is close to people's houses so that it is easy to access and safe for everyone.
- Constructing a clear, wide pathway to make it easy to get to the water point
- Thinking about the design of the tap stand. So that there is:

- Hanoi kona ba dezeńu ba Torneira. Iha ne'ebé sei iha :
 - o a ramp rather than steps
 - o a large area around the tap for people to move around
 - o good drainage
 - o a tap that is easy to use and not too high